ART and NATURE JOYN HAND in HAND

Or, The Poor Mans daily Companion

Wherein is shewn for TWO PENCE Charge how you may Cure any Distempers Incident to HUMANE BODYS

[illegible] The Nature and Physical Vertues of [illegible] and Herbs, of Fish and Roots, Directions for the true Time for gathering of Herbs [illegible] Seasons, Hours for Every, and the [illegible] curing all most Diseases [illegible] Treasure of Health, as well of [illegible] ment, to judge by the Colour which [illegible] Health, which [illegible] the Danger of falling [illegible] Also a Discourse [illegible] Part shall Live or Die; Also to [illegible] with a Rule to know the [illegible] Nose, Colour, [illegible] Water; shew to make the most [illegible] the Operation of Bleeding; To take away [illegible] and Wine from the Eyes; [illegible] Life, Gathered [illegible] which [illegible]

By John [illegible] Physician

London, Printed for [illegible]

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ART and NATURE JOYN HAND in HAND.

Or, The

Poor Mans daily Companion.

Wherein I shew 1 for TWO PENCE Charge how you may Cure any Distempers Incident to HUMANE BODYS

As Viz. The *Magical* and *Physical* Vertues of *Herbs* and *Birds*, of *Fish* and *Worms*, Charms to Cure, the true time for gathering of *Herbs*, or the right *Planetary Hours* for Every, and their Vertues after curing all most Diseases *Almanack* for Ever, A Treatise of *Urines*, as well of Man as Woman, to judge by the Colour which is Sick or *Health*, which *Wounds*, and which *Drinks* are to judge the Danger of falling Sickness, the Moon, Alls or Dyes, Alls to cure the Stone with a Rule to know the *King Evil*, Ague, Fits, Necks, Sciatica, Agues for one that cannot make Water; How to make the true *Antidote Venice* called, *The Orvietane of Rome*; To take away Pearls and Films from the Eyes, Plaisters, Oyntments, Life, Catholicon Purges, the Royal Sympathetick which stops Blood immediately, also Powders for Eyes, Rheumatick Eyes, Inflammation, Pearls, Films, Wens and Kernels them to dissolve, &c. With many other things worthy of Note.

By *John Dorset*, Student in *Physick* and *Astrology*.

London, Printed for *Sam. Clark*, in *George* yard in *Lombard Street*, 1682.

THE *Magical* and *Physical* VERTUES OF BEASTS and BIRDS.

Of the Hare.

THE Heart of a *Hare* dried, and worn about the Neck cureth the Cramp; and Drunk in *Wormwood-Water*, cureth all the Worms in the Stomach or Belly.

Of the Mole, or Want.

The Bones of a Dog *Want* sewed up in Silk, and worn about the Neck, causeth a Woman to Conceive.

Of the Tortoise.

Take the Shell of a *Tortoise* Egg, and wear it about you, and all that while you shall never have desire of *Venery*.

Of a Ram.

He being a Creature of the *Sun*, and if he

be Knock'd down, or Kill'd at any of those times, when Herbs of the *Sun* is to be gather'd, as shall be shewn hereafter at large, and Rings made of the Horns, and one put on the Finger next the little Finger on each Hand, cures the *Cramp* to Admiration.

Of a Magpye.

Being a Bird of *Mars*, if it be kill'd at any of those times when any Herbs of *Mars* are to be gathered, and the Brains of it taken out and dryed to Powder, and put into white Wine, and the Wine drunk, if any one hath not Pissed in three or four days, within an hour it causeth them to Piss abundantly.

Of a Hedg-Sparrow.

Being a Bird of *Venus*, and killed at any of those times as afore was shewn, and Salted well, and eaten Raw, is one of the best Remedys to cure the *Stone* in the *Reins* or *Bladder*, or *Vrinary* Passages.

Of the Land Toad.

Take a great *Toad*, kill him, and put him into a Horse Dung-hill, there let him lie, and the *Ants* will consume the Flesh; in the Head you shall find a thing like a Stone, great or little, the which being set in Gold, and worn about a Man or Woman, it doth give them warning of any Mischief, or Ill to them, that weareth it, by changing Colours in divers manners.

Of a Spider.

Take a *Spider* and shut it up close in a Walnut-Shell, and wear it about you, cures an *Ague* to Admiration.

Of

Of a Stag.

The Horns of a *Stag* kill'd in *October*, and being dryed, and one Dram thereof taken, doth cause one to Vomit. And take the Bones of his Heart, being kill'd in *May*, and worn about one who hath the *Falling-Sickness*, cureth him in a very short time; it cureth the Passion of the Heart; and is a very wholesome thing. And being taken for a Fume, doth cure the *Fits of the Mother*.

Of the Row-Buck.

Take the Horns of him and make Beads thereof, and wear them about your Neck, or Wrists, it causeth Conception; and if a Man weareth the same, he shall not have his natural course of Seed, though he be with a Woman.

Of the Squirrel.

Take his Fore Teeth and wear them, and you shall never be troubled with the Cramp.

Of the Water Rat.

Take his Skin and Dry it and Dress it as a Furr, and being worn about a Woman, it cureth the *Mother*. His Bones beaten to Powder doth the same effect being Drunk; and it stops the *Urine* of them that have no Retention, and whose Water goeth from them by Day and Night.

The Magical vertue of *Trees* and *Herbs*.

The Pine Tree.

THE *Pine-Aple* being gathered when they are full Ripe, the Kernels being worn by any, the said Party shall have no Lice about him. The same do cause a Woman to her *Terms*. The Salt of *Pine-Apples* is an excellent Medicine for divers things, especially for the *Stone* and *Strangury*.

Of the Orange Tree.

Take the Leaves of the Tree and carry them in a little Bag bound to the Navel, and it will cause a Woman speedily to Conceive, and also to keep in the Conception or Child. The Leaves powdered and drank in White Wine, cureth the Green Sickness; and stopeth the overflowing of the Seed. The Juice of *Oranges* Pounded, and the Peels Distilled, is very good for the Stone, with *Fennel Seed*, *Parsley Seed*, an Ounce, of *Dill Seed*, half an Ounce.

Of the Nutmeg Tree.

Take a *Nutmeg* that hath the *Mace* on him, and sew it in a Linnen Bag, and bind it about a Womans Leg, and another to her Navel, and it causeth speedy Delivery; It will also cure the *Squinancy*, if it be worn about the Neck: The Rind of this Tree Boyled in fair Water and drunk, stops all kind of *Fluxes*.

Of the Pomegranate Tree.

Take the Juice of a *Pomgranate*, and one part of the Kernels, and of *Rose Water* two parts,

parts, and put it together, and give it to a young Child who Sucks, being sweetned with Sugar, it doth firmly knit the Navel, and keep him from a *Rupture*; but this said Juice and Ingredients must be first twice Distilled.

Of the Lemmon Tree

Take a green *Lemmon* and wet it in *Wine Vinegar*, and sew it in a Bag, and bind it to the Nape of the Neck, and immediately stops the Bleeding.

Of the Sassafras Tree.

This is an Excellent Tree, and of Divers Vertues, his Magical vertues are by his Smell, and that is for the *Megrim* and such like pains of the Head; and most Excellent against the *Falling Sickness*. The Decoction of *Sassafras* is a great dryer, it cureth the *Rheum*; the *Salt* of it is a very Excellent thing for many *Diseases*, but especially for *Morbus Gallicus*, the Dose is half a Dram in Butter, to be taken in a Pill or two.

Of the Yew Tree.

The Berries of a *Yew Tree* dried, and worn in a little Bag about the Neck, doth wonderfully help the *Trembling of the Heart*, and is good against the *Kings Evil*, and stayeth *Bleeding at the Nose*; one Dram of the Powder of them being taken in Drink, doth stop *Fluxes*, the *Running of the Reins*; also it cureth the *Scalding* of the *Urine*.

Of the Lime Tree.

Take a piece of a Fingers breath, of the bigness and square of the Timber of this Tree,

and if any one be Hurt, or Bleed at the Nose, write his Name on one side of the Stick, and on the contrary side the Charactor of *O R*, then burn the Stick, and it ceaseth Bleeding Immediately.

Of the Wild Ash Tree.

Take a cluster of the *Green Berries* and convey them about the Party Suspected to be a *Witch*, and then examine her, and she will confess. Take a cluster of the same *Berries* and hang them about a Horse Neck, and it will cure him of the *Farcy* or *Fashions*. Take three Ripe *Berries* of the said Tree, and pound them, and give them in *White Wine*, and it doth absolutely cure the *Yellow Jaundice*.

Of the Service Tree.

The *Fruit* of it dryed and worn about the Neck stoppeth Bleeding; it causeth a Woman to keep her Child in the *Womb*, and not to *Miscarry*.

Of the Mandrake Apple

The *Mandrake-green Apple* being worn about the Neck of the Party that hath a *Wen*, even as the *Apple* doth wither, so shall the *Wen*.

Of the great French Mallows.

Take of his Seeds and Lace them upon a Thread, and being worn about the Arms and Neck, it helpeth the *Ague* and *Cramp*; and bound about the gathering place of a Woman in *Travel*, it causeth speedy Delivery; the small *Mallow* is better than great, it suppleth and looseth; it is very good for a Bruise, and is of a very cold Nature.

Of the Mouſe-ear.

Take of the Leaves of *Mouſe-ear*, being an Herb of the *Moon*, and dry them, and being worn about a Man or Woman, no Infection can take hold of the Party.

Of Angelica.

Take the Roots of *Angelica* and dry them hard, then cut them in ſquare ſlices, and Lace them on a Silk Thread like to a *Bracelet*, and wear them about the Arm or Neck, and it keepeth away all Infection from the Body, and cureth the *Spleen*; and it will cauſe a Woman to *Conceive*.

Of St. John's wort.

This Herb being gathered when the Sun is in *Aries*, and then preſently dryed, and made into fine Powder, and worn about the Neck in a Silk Bag, doth cure the *Squinſey*, the *Mumps*, the *Megrim*, and *Diſneſs* of the Head.

Of Carduus Benedictus.

The Down of *Carduus* being ſcraped into a little Bag, and worn about the Neck, doth cure the *Kings Evil* if it be not yet broken; it cureth alſo the *Swelling* of the *Throat*.

Of Valerian.

Take the Roots of *Valerian*, and cut them in pretty thick pieces like a Die, and dry them in an Oven, then Lace them on a Thread, and wear them about the Arms as a *Bracelet*, it will cure the *Cramp*; and it is exceeding good for the *Shaking Palſey*; and being bound about the Leg of a Woman, cauſeth her to

have

have ſpeedy *Delivery*, and it cauſeth a Woman to have her *Monthly Viſiter*.

Againſt the Head-ach.

℞ The Herb that groweth upon the Head of an *image*, and it cureth the *Head-ach* by its *Magical Vertue*.

Of Sparagus, *an Herb of* Jupitur.

The Root being applyed and kept upon the Tooth, draws it forth without Pain.

Of Penony *under the* Sun.

The Root being hung in Childrens Neck, is good againſt the *Convulſion Fits*, *Pyrathrum*, or St. *Anthonies Fire*, doth the ſame.

Of the Swallow.

You ſhall find in young *Swallows*, taken at the Encreaſe of the *Moon*, and if you ſlit them by the Belly you'l find two little Stones, one of one colour, and the other of divers, which being tied in a piece of *Calues* Skin, and hung on the Neck, is good againſt the *Epiſcepſie*, and cures it.

Of Plantane *under* Venus.

Plantane Roots being worn about the Neck, are good againſt the *Kings Evil*, and doth Diſſolve it.

MAGICAL

MAGICAL CHARMES.

For an Ague.

WHEN *Jesus* went up to the *Cross* to be *Crucified*, the *Jews* asked him, saying, *Art thou afraid, or hast thou an* Ague; *Jesus* answered and said, *I am not afraid, neither have I the* Ague, *but all those which beareth the Name of* Jesus *about them, shall not be afraid, nor have the* Ague, Amen, *Sweet Jesus*, Amen, *Sweet Jehovia*, Amen.

Another.

There came two *Angels* from the *East*, the one brought *Fire*, the other brought *Frost*, *In the Name of the Father, Son, and Holy Ghost, out* Frost, *in* Fire.

Another.

Write these Characters in a piece of *Parchment*, and wear them about you, and they are these following,

Abracadabra.
Abracadabr.
Abracadab.
Abracada.
Abracad.
Abraca.
Abrac.
Abra.
Abr.
Ab.
A.

Or

Or else take all the *Nailes* paring of the *Toes* and *Fingers* of any *Man* or *Woman*, lying Sick of an *Intermittent Feaver*, and to mix or Incorporate them with *Wax*, so as the Party in the doing hereof do say these words, *I am about a Remedy for the* Tertian, Quotidian, *or* Quartaine Ague, according as the Patient is troubled with the one or other of these *Feavers*, which done and said, to stick up the *Wax* upon the Door of another *Man* or *Womans* House that is not Sick at all, and that before the *Sun* be Risen, which no doubt will cure the Sick Person, and set the *Ague* or *Feaver* upon the well Person.

PLANE-

Planetary Hours.

	1	2	3	4	5	6	7	8	9	10	11	12
Sunday.	☉	♀	☿	☽	♄	♃	♂	☉	♀	☉	☽	♄
Sunday Night.	♃	♂	☉	♀	☽	☿	♄	♃	♂	☉	♃	☉
Munday.	☽	♄	♃	♂	☉	♀	☿	☽	♄	♃	♂	♃
Munday Night.	♀	☿	☽	♄	♃	♂	☉	♀	☿	☽	♀	☽
Tuesday.	♂	☉	♀	☿	☽	♄	♃	♂	☉	♀	☿	♀
Tuesday Night.	♄	♃	♂	☉	♀	☿	☽	♄	♃	♂	♄	♂
Wednesday.	☿	☽	♄	♃	♂	☉	♀	☿	☽	♄	♃	☿
Wednesday Night.	☉	♀	☿	☽	♄	♃	♂	☉	♀	☿	☉	♀
Thursday.	♃	♂	☉	♀	☿	☽	♄	♃	♂	☉	♃	♂
Thursday Night.	☽	♄	♃	♂	☉	♀	☿	☽	♄	♃	☽	☉
Friday.	♀	☿	☽	♄	♃	♂	☉	♀	☿	☽	♀	☽
Friday Night.	♂	☉	♀	☿	☽	♄	♃	♂	☉	♀	☿	♀
Saturday.	♄	♃	♂	☉	♀	☿	☽	♄	♃	♂	♄	♂
Saturday Night.	☿	☽	♄	♃	♂	☉	♀	☿	☽	♄	♃	☿

But for your better Understanding I have inserted a *Planetary* Table, shewing what *Planet* Reigns every hour of the day through out the Week, as for example, I would know what *Planet* rules on *Sunday*, *June* the *6th.* at which time the *Sun* rises at three a Clock, which is the first hour of the day, for the beginning of the day is always counted from Sun-rising, which right again *Sunday*, under the figure of one, I find the ☉ rules at Sun-rising, being at three a Clock, ♀ at four a Clock, ☿ at five a Clock, and so on,

The

The Directions following are sufficient to enable any Person whatsoever, tho of never so mean a Capacity, provided he can but Read, and know what a Clock it is, may know when to gather an *Herb* in the right *Planetary* hour for every day in the year, that *Herbs* are fit to be gathered, pointing directly to the true time; so that you have no more trouble but to know what a Clock it is, and your expectation is answer'd, which Rules are the same Perpetually.

As first, the true time to gather *Herbs* in *April*, which if it be an *Herb* that the *Sun* do's rule, you may gather them on any *Sunday* in this Month, from 6 a Clock to 7 in the Morning, and from 1 to 3 in the Afternoon; Always observe, that if you are to gather *Herbs* of the *Sun*, then gather them on a *Sunday*, because the *Sun* is *Lord of that day*, and on the *Planetary* Hour as I have shewn you before, for then the *Herbs* have a double Vertue.

In gathering *Herbs* on any *Munday* in this Month, the right time to gather *Herbs* that are govern'd by the *Moon*, is from 6 to 7 in the Morning, and from 1 to 3 in the Afternoon.

In gathering *Herbs* on any *Tuesday* in this Month, that is govern'd by *Mars*, is from 6 to 7 in the Morning, and from 1 to 3 in the Afternoon.

In gathering *Herbs* on any *Wednesday* in this Month, that is govern'd by *Mercury*, is from 6 to 7 in the Morning, and from 1 to 3 in the Afternoon.

In

In gathering *Herbs* on any *Thursday* in this Month, that is govern'd by *Jupiter*, is from 6 to 7 in the Morning, and from 1 to 3 in the Afternoon.

In gathering *Herbs* on any *Friday* in this Month, that is govern'd by *Venus*, is from 6 to 7 in the Morning, and from 1 to 3 in the Afternoon.

In gathering *Herbs* on any *Saturday* in this Month, that is govern'd by *Saturn*, is from 6 to 7 in the Morning, and from 1 to 3 in the Afternoon.

By observing the foregoing Rules, you may gather *Herbs* of the *Sun* in *June* on a *Sunday* from 5 to 6 in the Morning, and from 2 to 4 in the Afternoon; *Herbs* of the *Moon* on a *Monday* from 5 to 6 in the Morning, and from 2 to 4 in the Afternoon; *Herbs* of *Mars* on a *Tuesday* from 5 to 6 in the Morning, and from 2 to 4 in the Afternoon; *Herbs* of *Mercury* on a *Wednesday*, from 5 to 6 in the Morning, and from 2 to 4 in the Afternoon; *Herbs* of *Jupiter* on a *Thursday*, at the same hours; *Herbs* of *Venus* on a *Friday* at the same hours; *Herbs* of *Saturn* on a *Saturday*, at the same hours; this Rule will serve for ten days in *July*.

In gathering *Herbs* on the first ten days of *August*, which you may gather any *Herbs* according to the foregoing rules from 5 to 7 in the Morning, and from 2 to 3 in the Afternoon; and to the 20. day from 6 to 7 in the Morning, and from 2 to 3 in the Afternoon. Now I shall proceed to the Virtue of *Herbs*

For

For Curing Wens, Tumour, *or* Swelling, *or any Rising in the Flesh*, or Warts.

TAke hot *Asmart*, called also *Peachwort*, *Water Pepper*, it hath no black spots as the Cold bath, it being a Weed of *Mars*, let it be gathered as directed, and put in cold Water, being well moistened, take it out and lay it to the place Defective, and let it lie on it till the *Asmart* be hot, then take it and Bury it in the Ground above two Foot deep, and as that doth rot or consume, so will the *Wen* or any of the other sink or grow less and less, till it be quite gone; for that which hath been long, do it twice.

Vervaine.

Vervaine an *Herb* of *Venus*, being gathered as directed, and bruised and hung about the Neck, helps the *Head-ach*, the Distill'd Water of it, so gathered, droped into the *Eyes*, cleanseth them from all *Mists*, *Films*, *Clouds* that hinders the Sight, and wonderfully Strengtheneth the *Optick Nerves*; the Leaves in *Syrup* or *Decoction*, helpeth all inward Pains and *Lungs*, *Kidneys*, *Stone* or *Wounds*, healeth *Ulcers*, *Gangreens* or *Fistula's*, in any part of the Body.

Wild Carrot Seeds.

Being under *Mercury* and taken in Wine, or Boyled in Wine, removes *Stitches* in the Sides, Provokes *Urin*, and Womens *Courses*, and

and helpeth to break and expel the *Stone*; for the *Dropsie*, and those whose bellies are Swellen with Wine, helpeth *Collick*, the *Stone* in the *Kidneys*, and the *Rising of the Mother*, it helpeth *Conception*; the Leaves applyed with *Honey* to Running Sores or *Ulcers*, it Cleanses them, and Heals them in a short time.

Hop Seeds.

Take half a Dram of it in Powder in a little Drink, killeth the *Worms* in the Body, bringeth down Womens *Courses*, and Expelleth *Urine*.

Columbine.

Being under *Venus*, a Dram of the said *Seeds* taken in *Wine* with a little *Saffron*, openeth Obstructions of the *Liver*, and is good for the *Yellow Jaundice*, if the party after the taking thereof be laid to Sweat well in the Bed; It causeth a speedy Delivery of *Women* with Child, if one Draught suffice not, let her drink the second, and it is effectual.

Cinke-foyle, or five Leav'd Grass.

Being gathered as directed is the best that grows, being an Herb of *Jupiter*, for curing of all kind of *Agues*, be it what *Ague* soever, being boyled in white Wine, or white Wine Vinegar, being strained out, and the Wine drank as hot as sufferable two or three houres before the Fit, as Doctor *Culpepper* saith, *he never knew it fail*: I have had tryal of it above 12 years, I never knew it fail but it prodnced the desired effects at three times taking at most, by those that have had the *Quartane* a-

bove a year, there is no Doctor can prescribe a better remedy for *Agues*, the directions rightly observed, for every day, or every other days Ague, once or twice taking hath right away, some have taken it in strong Beer, Ale, Sider or Metheglim, it hath done the like; it cures the *Goue* in any part, and *Sciatica*, being boyled in red Wine and drank, it stops all *Fluxes* of Blood, and *Red* or *White*.

Henbane.

A Weed of *Saturn*, the root taken up as directed and dryed to powder, touch but the tooth that aketh with the powder, and it will fall out; the root taken up as aforesaid and dryed, and a Necklace made thereof and put round the neck of a Child that breedeth teeth, they cut the Gums and breed them without pain, they are to be hung about the neck as Bracelets are.

Celandine.

Gather this herb as directed and when the Sun is in *Leo in Trine* to the Moon, and make an Oyntment of it with Hogs Lard, and anoynt your Eye-lids when you go to Bed, and in so doing it will take away any Skins or *Films* that shall grow over the sight of the Eye; or else take *Celandine*, *field Daises*, and *ground Ivy*, clarified, and a little fine Shugar dissolved therein, and droped into the Eye, is a soveraign remedy for Watering of them, for Paines, Redness; and also for the *Pin*, *Web*, *Skins*, and *Films* growing over the sight, it helpeth Beasts as well as Men; the Juice dropped into the Ears doth won-

wonderfully help the Noise and Singing of them, and hearing which is decayed.

Lavender Cotten.

Being an Herb under *Mercury*, and gathered as directed, resisteth *Poison*, Putrifaction, and helps the Bitings of *Venomous Beasts*; a Dram of the Powder of the dryed Leaves taken every morning fasting in any convenient Vehicle, stops the *Runing of the Reins in Men*, and *Whites* in *Women*; the Seed beaten into Powder and taken as *Wormseed*, it kills the *Worms*, not only in Children, but also in People of Riper years, the Herb it self being boyled in Milk and the Milk drunk, the body Bathed with it cures the *Itch*; the Decoction of it helps *Scabs* and *Itch*.

Ground Ivy.

Being an Herb of *Venus*, and gathered as directed, and a Decoction made of it and drunk in Wine for some time together, procureth ease unto them that are troubled with the *Sciatica* or *Hip Gout*; as also the *Gout* in the *Hands*, *Knees* or *Feet*. If you put to the Decoction some Hony, and a little burnt Allum, it is excellent good to *Gargle* any Sore Mouth or Throat, and to wash the Sores and Ulcers in the Privy Parts of Man or Women, it speedily helpeth green Wounds, being bruised and bound thereunto; the Juyce of it boyled with a little Hony and Verdegreece doth wonderfully cleanse *Fistulaes*, and *Ulcers*, and strengthens the Spreading or Eating of *Cancers* or *Ulcers*.

An Herb of *Jupiter*, as directed, and made into a Syrup, or the Juice Clarified, is an excellent remedy for the *Stone*, and *Gravel*, to cleanse and heal the *Kidneys*, and *Bladder*, *Urinary* Passage; for Cleansing, boyle it in white Wine, for dissolving, make it in Syrraps to cleanse in white Wine.

A brief Judgment on *Urine*, by the Colour and Contents.

1. *URine fat and troubled, betokeneth a Burning Feaver, Proceeding of Choler.*

2. *Red and thick all over, with a black circle, signifieth Sickness in all the Body.*

3. *White and thin, and little in quantity, sheweth Cold in the Body.*

4. *Clear with a black Circle, sheweth that the Sick Man hath the Ptysick.*

5. *Red and thin, with a bright Circle signifieth an evil Stomach.*

6. *Thin somewhat green above, signifieth a Cold complexion, and if it Shew blew above in the casting, it is the Ptisick.*

7. *Thin and black above in Casting, signifieth great loss of Nature.*

8. *Thick and troubled, like horse Piss, signifieth the Head Ach.*

9. *On the colour of Whey, with Slime flying up and down in it, signifieth the French Pox.*

10. *Fat in the bottom, and white in the midst and red above, signifieth a feaver Quartan.*

11. *Fat*

11. *Fat like flesh, and dregs in the bottom, as shaddowing, signifieth the Dropsie of cold; but if like Whey above, and clear in the middle, and shadowing beneath, it signifieth a hot Dropsie.*

12. *Black dregs, like gobbets of Coal in the bottom, signifieth Worms in the Body.*

13. *With black Contents, small as motes in the midest of the Urine, signifieth an Impostbume under the Side.*

14. *Contents, like shavings of Parchment in the bottom, signifieth the sloping of the Reins and of the Pipes of the Liver.*

15. *Black and green of Colour, with long white contents in the same, signifieth the Palsie.*

16. *Grains under the Circle, signifieth that the stomach is full of Worms, burning of the Heart.*

17. *Foul above, signifieth heat in the Heart, Lungs and Spleen.*

18. *Contents with blackness in the bottom signifieth Costiveness in the body.*

19. *Long lasting, signifieth Biting in the Body and great Rheum.*

20. *Thick, little and high coloured, signifieth great burning in the Body.*

21. *Frothy, clear, and little red, sheweth Pain under the right Side.*

22. *Frothy, signifieth wind and pain under the left Side.*

23. *Red as a Coal, signifieth an Impostbume in the Liver.*

24. *Red as burnt Gold, if it be* Hydropick, *signifieth Death.*

25. *Divers colours in ones Urine, which is to say,*

Red, Black, Green, and Blew, in a hot Feaver, signifieth Death.

26. *Black and a little Fat and Stinking, in a hot Axis, Death.*

27. *Lead Colour all over, signifieth a prolonging of Death.*

28. *Dark above, and clear beneath, signifieth Death.*

29. *Shining raw and bright, and the skin in the bottom, signifieth Death.*

30. *Thin fleeting above, like a dark Sky, signifieth Death.*

31. *Drossie stinking and dark Sky within, signifieth prolonging of Death.*

32. *White as water, with a dark Sky in a feaver, signifieth Death.*

33. *Dregs in the bottom, mixed with Blood betokeneth Death.*

34. *Black and thin, if the Sick loath when he goeth to stool, and that he speak overthwart, or understand not aright, and that the sickness depart not, it signifieth Death.*

Urines of Women.

1. *White, heavy and stinking, signifieth pain in the Reins, and Mother, and sickness of Cole.*

2. *Fat fleeting above, signifieth pain in the Reins of the Back.*

3. *Black contents in the bottom, sheweth falling of the Flowers.*

4. *White*

4. *White contents in the bottom, signifieth much falling of her Flowers.*

5. *Colour of Linseed, with a Flux, signifieth death of the Woman.*

6. *Bright as Gold, signifieth she lusteth for a Man.*

7. *Also in Woman with Child, their Urines are clear, and diversly coloured.*

8. *And from the beginning, there appear the contents like Carded Wool.*

9. *Also there seem certain grains or small motes Swiming about up and down in the Urine, and sometimes a thing like black Inke, and some filthy contents.*

10. *If she be with Child, the Urine will have some clear streaks, and the most part shall be troubled, the troubledness shall be Reddish, in the manner of Tawny, and these colours do at no time fail, as soon as the Child shall have Life.*

11. *If it be a Man-Child, as soon as it hath life, the troubledness shall be thickest above.*

12. *If it be a Maiden Child, the troubledness shall be beneath.*

13. *Also, if thou may'st see thy face in the Urine of a Woman, and that she have no fever, and the Urine having in it ranny contents, then she is with Child, and these tokens never fail.*

14. *Also Urine of a woman with child, having also a Cloud in the bottom, with white sowrings, sheweth she is with Child.*

15. *Likewise Urine of Women, red as Gold, with a Watery Circle above, signifieth she is with Child.*

16. *Also, colour of Lead, if she be with Child,*

signifieth the Child is Dead; if she be with Child, and that the Urine be Lead colour, and stinking, it signifieth that the Matrix is Rotten.

To Judge the Danger of falling Sick by the Age of the Moon.

1. HE that falleth Sick on the first day of the Moon shall Dye, if the Sickness be very Fierce and Tedious. D.
2. Altho' he be sore sick, yet he shall be cured. R.
3. He may with due regard in Physick be recover'd. R.
4. Shall very soon be restored. R.
5. Promiseth his cure after ten days. R.
6. No danger, but speedy Health. R.
7. Injoy Life but three Months. D.
8. Languish a long time, L. 6.
9. Recover Health after Nine Days. R.
10. Recover after Ten Days. R.
11. Very long Sick, yet recover Health. L. R.
12. Amend after Twelve Days. R.
13. A long and grievous Sickness. L. S.
14. Soon restored, tho' it comes Fiercely. R.
15. Easily escape Death. R.
16. Great danger of Death, if he take the Air. Dan.
17. No Physick will prevail. D.
18. A good day, easily Recovered. R.
19. A good day, easily Recovered. R.
20. A good day, easily Recovered. R.
21. Sickness Mortal and Incurable. D.
22. Long Sick, but escape after 3 Months. L. S.
23. After few days he shall Dye. D.

24. Long

24. *Long time in Sickness.* L. S.
25.
26.
27. *Are all days of Recovery.* R.
28.
29.
30. *Hardly Escape with many Medicines.* Dan.

Secrets to Judge of Life and Death in a Sick Body.

First, *Take a Marigold, and put into the Urine of the Sick, if it keeps open, they will Live, if it closes, they'l Die.*

Second, *Also it is said of some, that it may be known by speaking Two Words at the Bed-side,* viz. Ancora Pancorene, *and if he hear it, it notes Life, if not, Death.*

The Kings Evill.

Take Barly Flower, Tar, Wax, and Oyl, of each a like quantity, mix all together, and Seeth it well, and put it into a little Piss of a young Child, and stirring it well about, lay it upon the Sore Plaister wise.

A rule to know the Kings Evil by.

Take a ground Worm alive and lay it upon the place, and cover him with a Leaf, if it be the *Kings Evil*, the Worm will change and turn into Earth, if not he will remain alive.

A

How to make the Antidote Powder, called, The Orvietan of *Rome, a Cordial.*

Angelica root, Serpent, Contrierva root, Calanga root, Dictamus root, Ariſtolochia root, Gentian root, Arris root, Caſamus, Zedoary root, Acorus root, Agarick, Ginger root, *ana* ℥ i. Peratterum ℥ iv. Trochisk ℥ ii. Vipers Fleſh, Red Roſes, Dictmnus leaves, Sarubucum Leaves, Saffron, *ana* 40 *gr.* Anni ſeeds, Parſly-ſeeds, Fennel ſeeds, Caraway-ſeeds, Cummin-ſeeds, Daſie ſeeds, Ciſtlias-ſeeds, Cardamum, Cubeb, *ana* 30 *gr.* Cloves, Cinnamon, Gaſcoynes Powder, Nutmegs, White Pepper, Coliander, *ana* 40 *gr.* Lemnian earth, Storax, Calamit, Juniper Berries, Elicampane, *ana* ℥ i. Curcuma Root ℥ iii. Sagavenу, Opapanar, *ana* ℥ i. beat all theſe fine to a Powder, and this is the true *Orvietane* Powder; And mix it with pure fine Honey, and it makes the true *Roman Orvietane*, which Expelleth Poyſon out of the Body.

To take away Pearls, Films from the Eyes.

Take Honey, Juice of Celandine, *ana* ℥ iv. Aloes, Scammony, Sarcocol in fine Powder, *ana* ℥ iv. Lapis Tutia prepared, mix them well together, and put it into the Eye every Night going to Bed, and every Morning before Riſing.

Elixir

A Secret to Stanch Blood.

Take the blood of healthful men and dry it in the Sun, and make it into powder.

To stop Womens Courses.

Take a Toad, and bind him with a little band, and hang it about the womans Neck that hath that infirmitie, and in few days she will be cured.

Against Wens Necks or Throat.

Take the stone of a Beaver, called *Castoreum*, white Pepper and Parsley of each alike, beat altogether and sift them, take a spoonful of it and put in so much Honey, and two mouthfulls of hot Water, and give it the patient to drink before Breakefast, and he shall be healed.

For a Quartane Ague.

Take *Asrabacca* one Dram, and give it the Patient one hour before the fit comes, in white wine, it Purges upwards and downwards.

For one that cannot make Water.

Take a Flint stone, put it into the fire till its red hot, and there with warm your Ale, then drink it.

How

Elixir Vitæ, *or*, *Elixir of Life.*

Take of Rosemary, Lavender, Saffron, Castor, and of our Treacle, *ana* ʒ *iv.* Rectified Spirit of Wine, Tartarised, ℔ *i.* digest all for three Months, Decant of the Tincture, to which add Clarified Honey, ʒ *vi.* the Essence of Bawm and Celandine, *ana* ʒ *iii.* Circulate all for a Month, and keep it for use.

The Virtues of this Elixir *are great in Curing and Preventing the* Vertigo, Falling Sickness, Apoplexy, Palsie, Madness, Melancholly, Swounding, Asthma, *and all Diseases of the Stomach, the* Terms, *and helping the* Green Sickness, *Dose* ℈ *i. or* ʒ *i. in a convenient Vehicle.*

Gascoins Powder.

Which Secret he sold to the Bishop of *Worcester* for 300 *l.* I will give it freely. Take the Toes of Sea-crabs boyled, beat them to Powder, which must be done the ☉ and ☽ being in Cancer ♋; of this Powder take ʒ *i.* of the Magistery of Coral and Pearl *ana* ʒ *ii.* of the true Bezoar ʒ *i.* make Rolls with the Jelly of Vipers Skins, or if thou wilt of the Flesh of the whole Vipers, which is as good, and being dryed let them be made up again, and dryed with the same Jelly, the oftener you do it, the better; the use of it is to beat it into Powder, and to give from ℈ *i.* to ℈ *ii.* almost in any Disease, repeating it often.

The

Which ſtops Blood, alſo good for Watery Eyes, Rheumatick Eyes, Inflamation of the Eyes, Pin or Web, and makes the Eye look Fair and Lovely. Take Colcothar, or Red Vitriol that remains in the Retort after the Spirit is drawn out; Burnt Allum, Sugar Candy, *ana* ℥ *ſs.* the Urine of a Healthful Young Perſon, Roſe Water, *ana* ℥ *ſs.* Plantaine Water, ℥ *ii.* Stir them altogether a good while in a Mortar, then power the mixture into a Viol, which when you uſe it ſeperate by inclination. Note, when taken Inwardly ℥ *ſs.* or ℥ *ſ.* may be taken at any time in *Knot-graſs Water.*

FINIS.

Which stops Blood, also good for Watery Eyes, Rheumatick Eyes, Inflamation of the Eyes, Pin or Web, and makes the Eye look Fair and Lovely. Take Colcothar, or Red Vitriol that remains in the Retort after the Spirit is drawn out, Burnt Alum, Sugar Candy, ana ℥ i. the Urine of a Healthful Young Person, Role Water, ana ℥ i. Plantain Water, ℥ ii. Stir them altogether a good while in a Mortar, then power the mixture into a Vial, which when you use it seperate by inclination; Note, when taken inwardly ℈ i. or ℈ ii. may be taken at any time in Ale or Wine.

FINIS.

Avertiſement.

IN Camamile-ſtreet *at the* Sarazens Head Inn *near* Biſhops Gate, *are Sold moſt Excellent and well aproved* PILLS *for Six Pence the Doſe, which Cures the Dropſy, Scurvy, Black and Yellow Jaundice, Tertian, Quartan and Quotidian Ague, Stoppage of the Liver, Coldneſs of the Stomach, Pains in the Head, or Swimings, againſt the Gripings in the Guts, Ulcers in the Rein, Kidneys and Bladder, and is very Powerful againſt the* French Pox, *they open the Obſtructions in the Womb, and Cleanſeth it from all Impurities; it Cleanſeth the whole Maſs of Blood, and Purgeth both Thick and Thin Humours, it Purgeth the Head, Sharpens the Sight, Quickens the Memory, and adds a good Colour to the Face, ſtays Fluxe of Blood, and Kills Worms in Young or Old. Alſo, ſuch as are deſirous may be Reſolved in all Lawful Queſtions depending on that Noble Art of Aſtrology, at the above mentioned place.*